

Parent Guide



@twinklparents

We're excited to share this activity with you. If you are interested in finding more engaging, fun and interesting activities for you and your children, then check out these links to different areas of the [Twinkl Parents](#) website.

games



crafts



puzzles



experiments



word searches



What is this resource and how do I use it?

Starting school is a big step for any child and it is normal for them to feel nervous, excited or overwhelmed. This booklet is full of activities designed to help your child understand what will happen when they start school and to highlight any worries or concerns they may have.

What skills does this practise?

Resilience

Self-Confidence

Fine Motor Skills

Further Activity Ideas and Suggestions

Our [Starting School for Children](#) section has lots of resources written for your child to do in the lead up to the big day. Our [Starting School for Parents](#) section has information for adults to help them prepare.

Parents Blog



Twinkl Kids' TV



Homework Help



twinkl

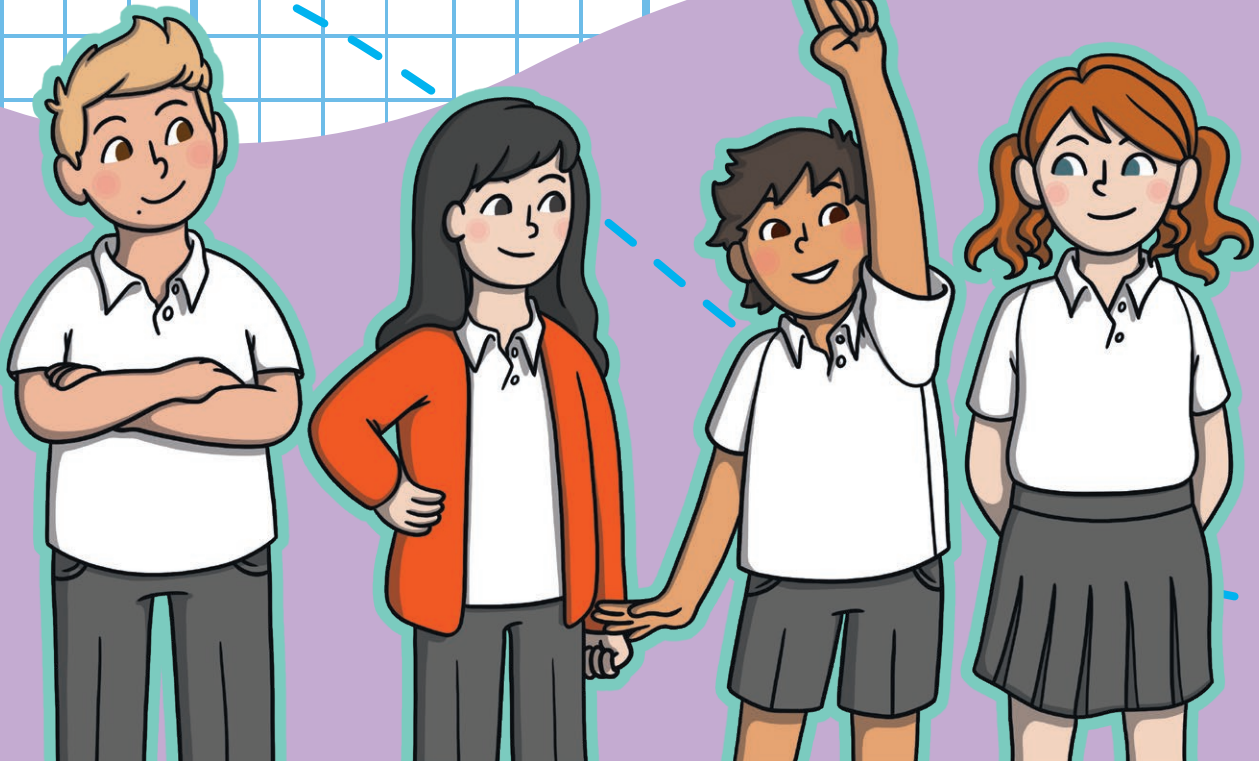
Parents Hub

This booklet belongs to...

Starting
School



Activity Booklet



This is me!

My name is

I am

_____ years old.

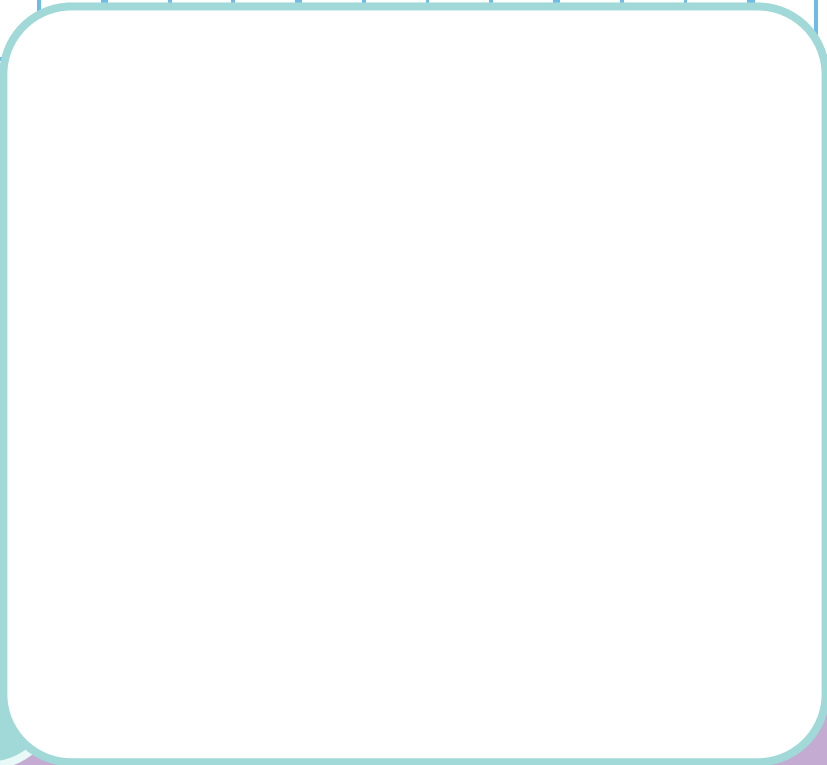
The school I am going to is called

My favourite food is

My favourite TV character is

My favourite colour is

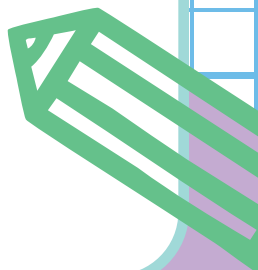
A picture of me in my new school uniform:



My Teacher

My teacher's name is

Draw a picture of your teacher here. If you haven't met them yet, draw what you think they may look like.



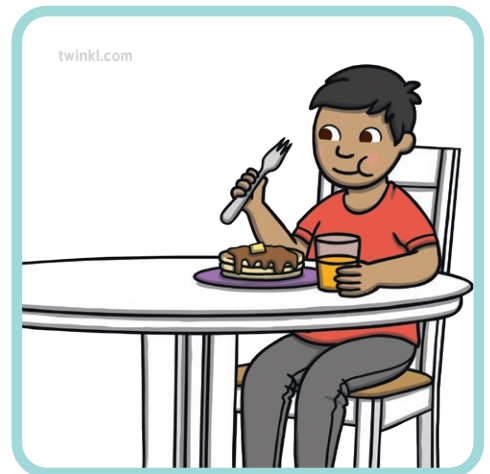
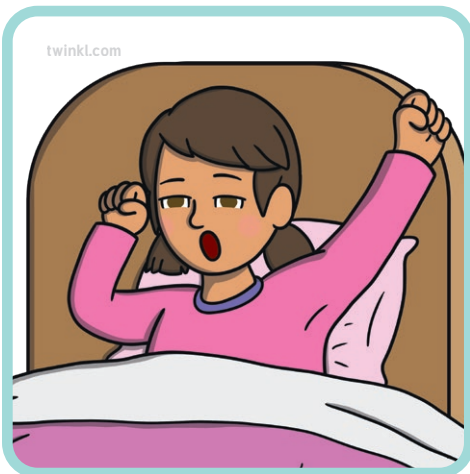
How I Feel About School

Colour in the pictures that show how you are feeling about school. You can colour in more than one if you like.

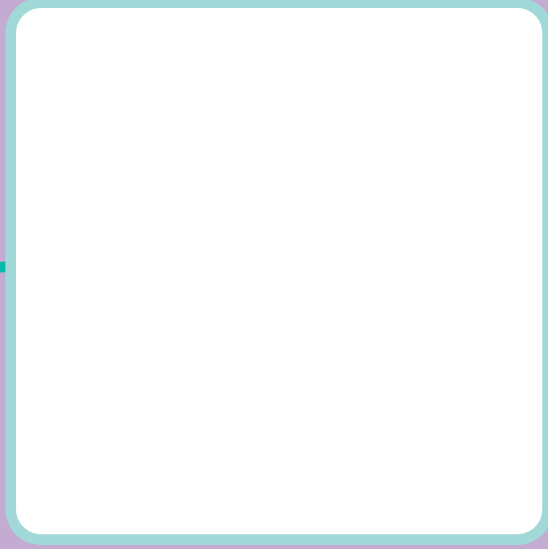
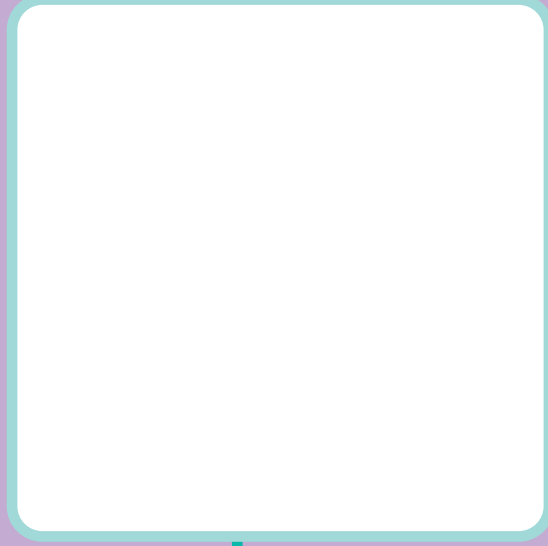
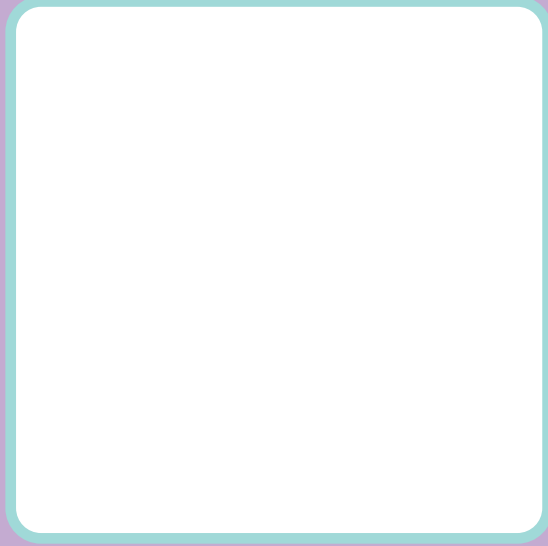
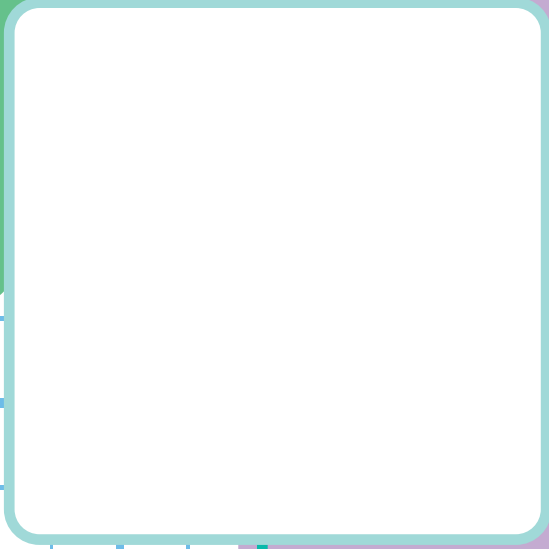
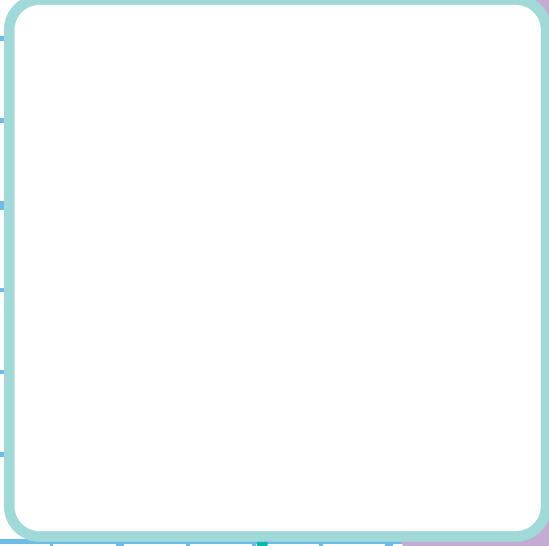
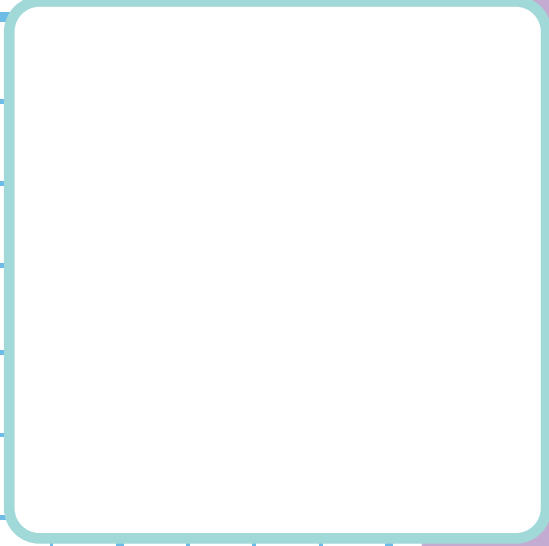


My Morning Routine Before School

Cut out the pictures below and put them in the order that you will do them on your first day at school.

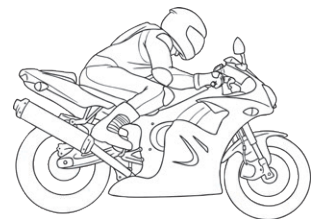
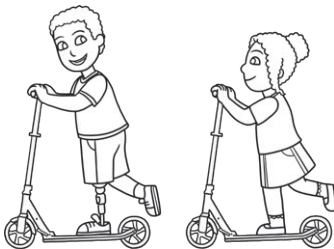
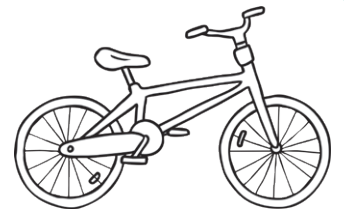
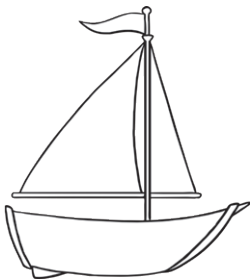
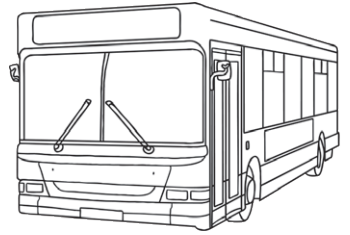
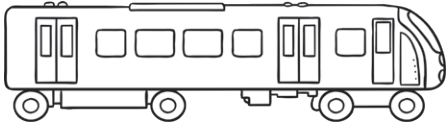
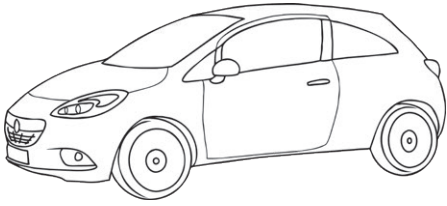


My Morning Routine Before School



How I Will Get to School

How will you travel to school on your first day? Colour in the type of transport you will use and then draw a picture of the person who will take you to school.



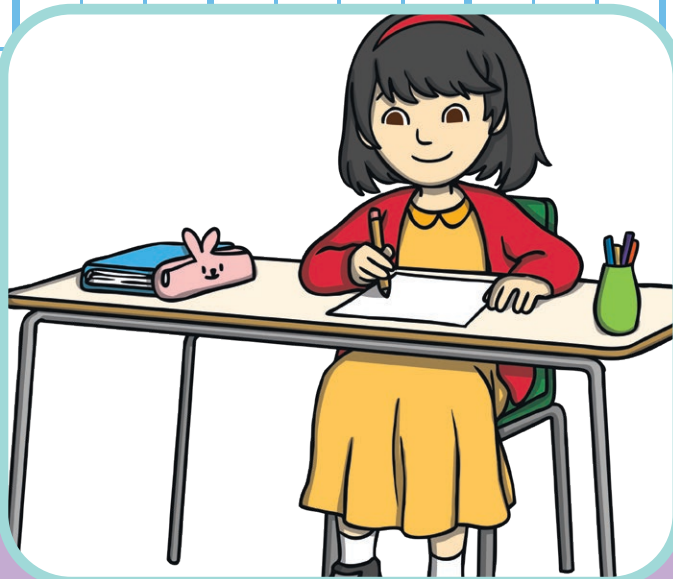
Asking for Help

When you need help, it is a great idea to ask for it - that's the best way to learn new skills. Circle the following things that you may need help with and then practise by reading and repeating the questions out loud. Remember to use your manners!



Excuse me, I need to go to the toilet. Can you help me, please?

I'm not sure how to write my name, could you show me, please?



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Can you help me open my lunchbox, please?

Excuse me, I need some help with my jumper.



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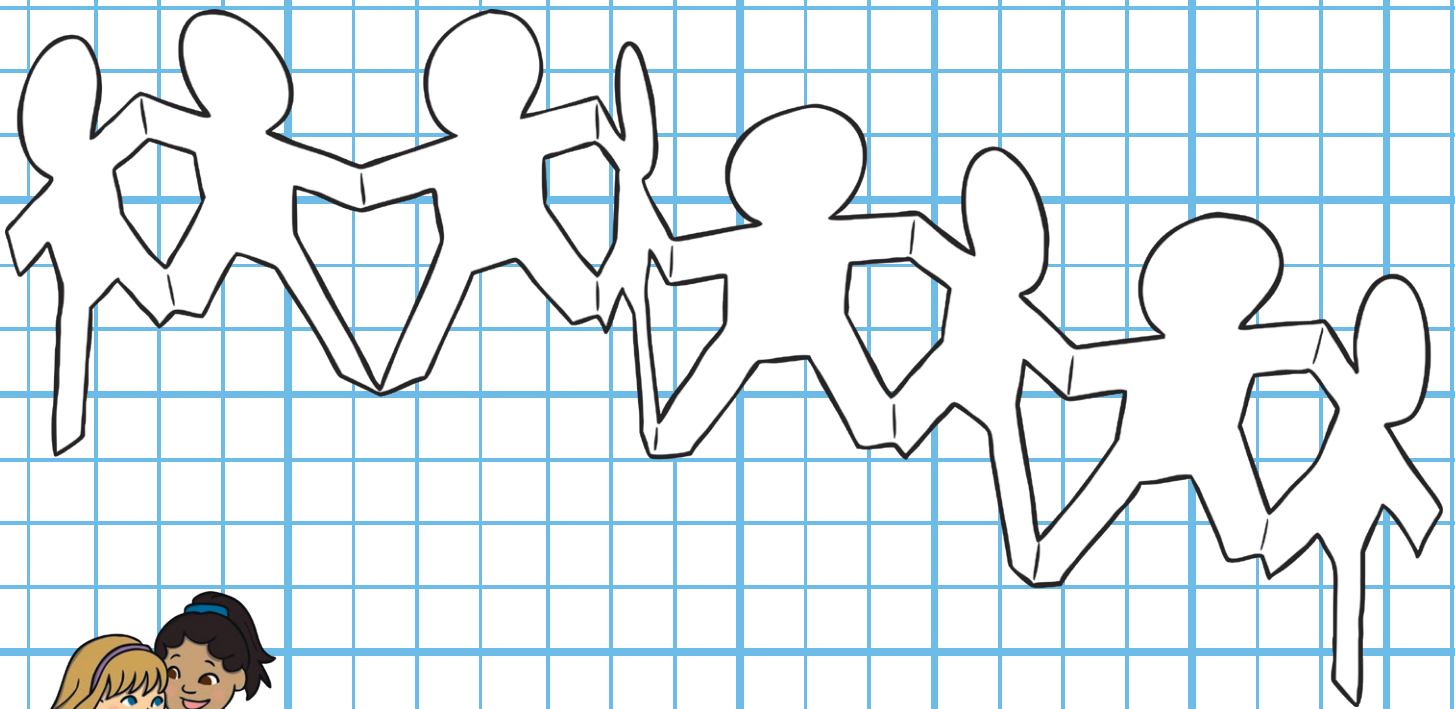


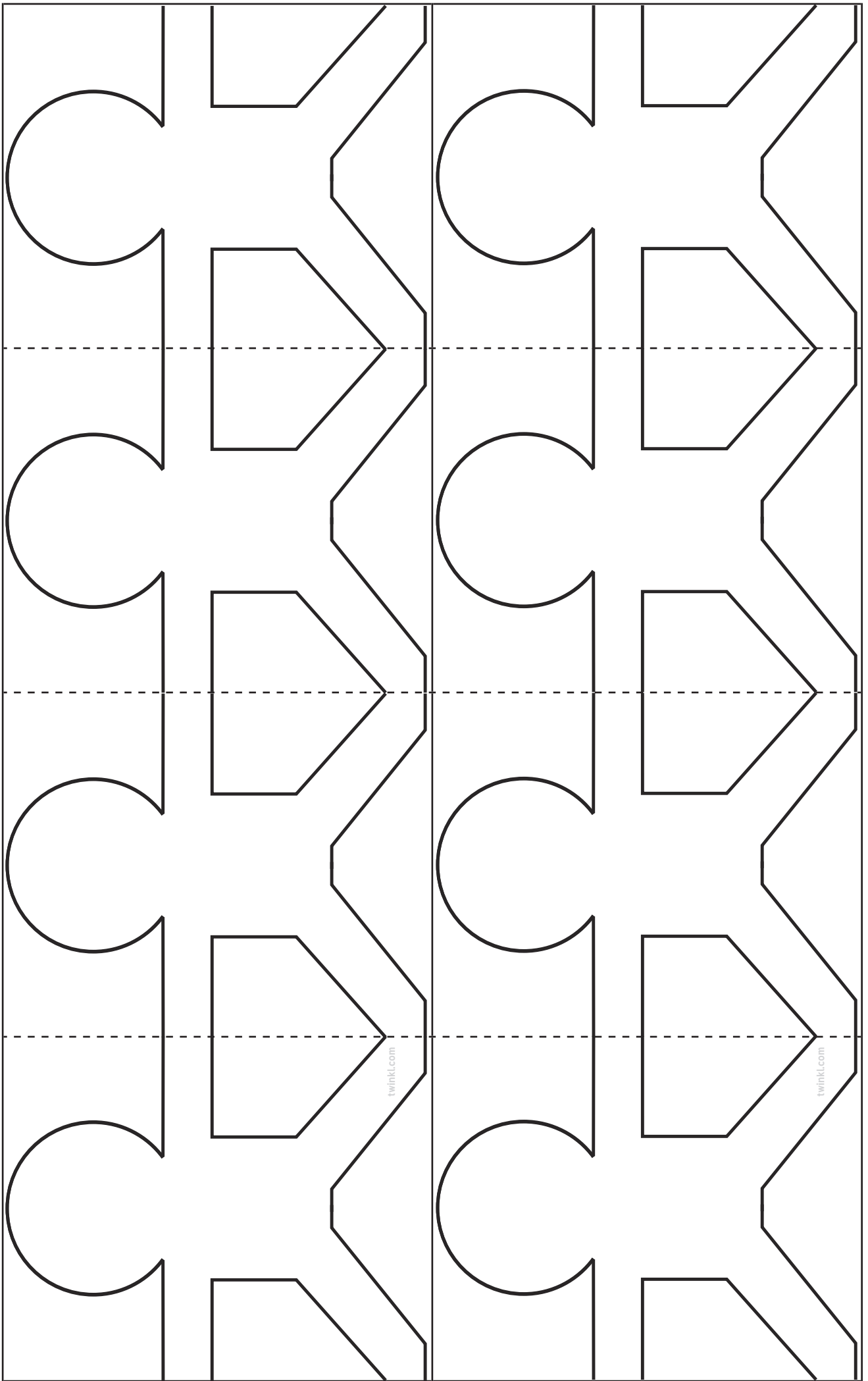
Could you please help me pack my bag?



Me and My Friends

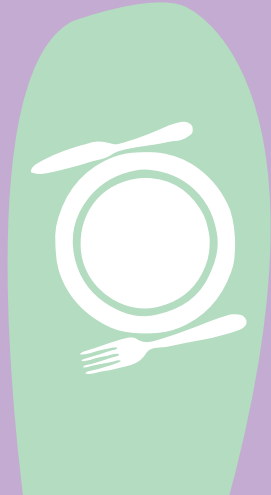
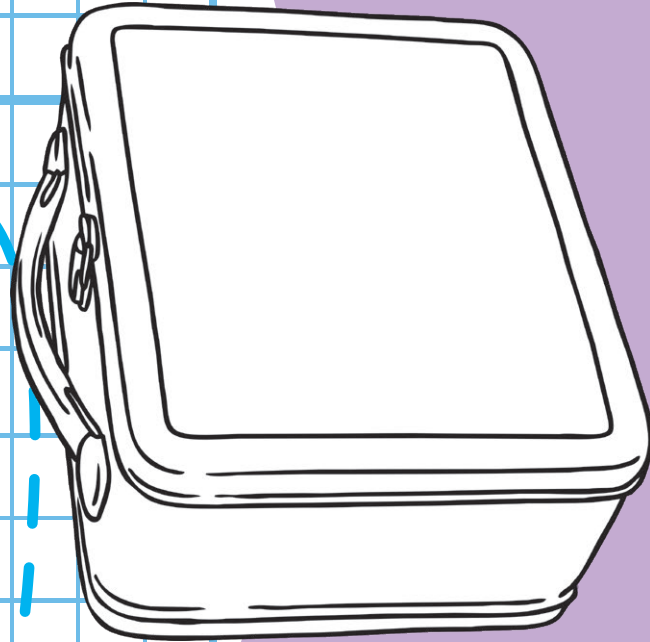
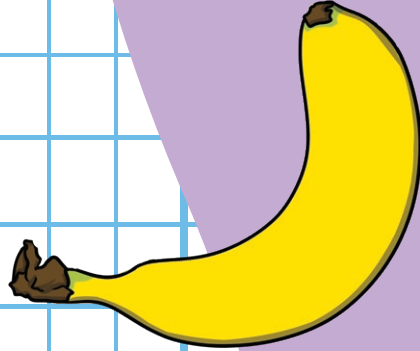
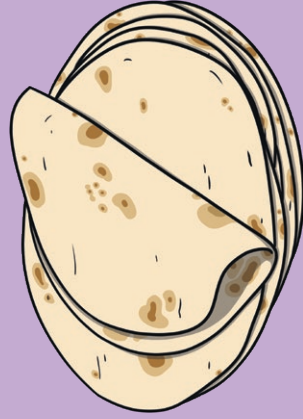
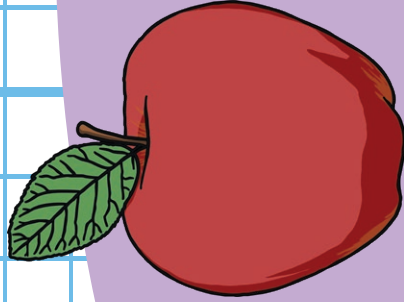
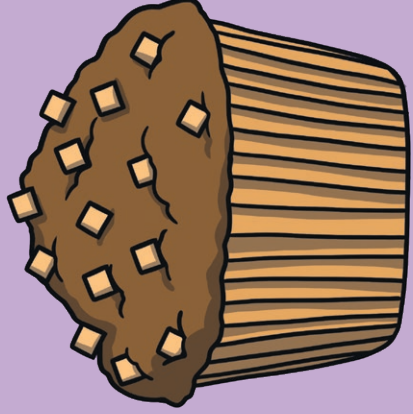
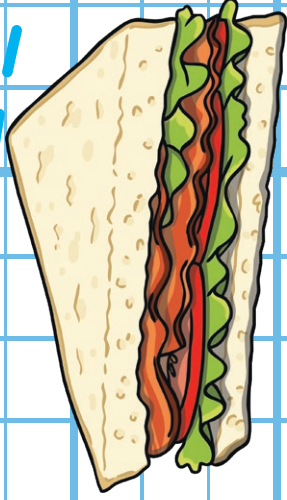
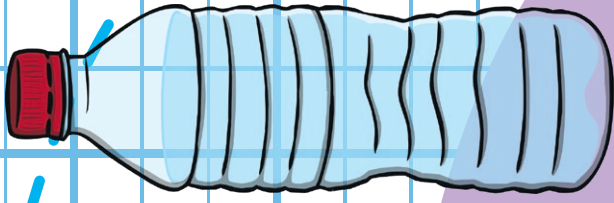
When you start school you will make lots of new friends. Cut out the following paper chain and colour each person differently to show all the different people you will meet. Then, stick it on your wall!





Lunchtime

Draw lines to show which foods you would like to see in your school lunchbox.



Home time

Who will pick you up from school when the day is finished? Complete the picture by drawing yourself leaving school with them.

