



Established 1965

Theydon Bois Pre-School Group



Weather Warning - 15 July 2022



Dear Parents/ Carers,

The Met Office has extended an amber extreme heat warning for Sunday 17 July, Monday 18 July, Tuesday 19 July.

Children aged 4 and under cannot control their body temperature as efficiently as adults during hot weather because they do not sweat as much and so can be at risk of ill-health from heat.

We will continue to ensure the pre-school is well ventilated, we will be encouraging the children to drink plenty of water to keep hydrated, and we will have plenty of shade available for outside play. We also have lots of ice pops for the children to keep them cool - this is a treat for them that they thoroughly enjoy!

All children will require a sun hat and a labelled water bottle next week. Please also ensure sun cream has been applied. Government guidance recommends your child wear light coloured loose clothing that covers their shoulders.

Please could you add a towel and a change of clothes to your child's bag next week as we will have lots of cooling water play available to them.

If you choose not to send your child into the pre-school on the very hot days next week we ask that you kindly call before 9.15am to let us know.

Should you have any questions please don't hesitate to contact us.

Theydon Bois Pre-School