



Established 1965

Theydon Bois Pre-School Group

July 2022

Supporting You and Your Child for the Transition to Primary School

Dear Parents/carers,

As the summer holiday is starting and the time for your child to start reception draws near, you may find yourself wondering if your child is ready for school. As a preschool we carry out various activities to prepare the children for the next chapter, however there are some extra things you could do with your child over the summer.

The BBC published an [article](#) in 2019 all about children being ready for school. It highlights seven things you can do over the summer to help them: -

1. **Get talking** - Talk about who will take them to school and how long they will be going in for etc.
2. **Talk to siblings and friends** - If possible, let them talk to other children who are already at the school.
3. **Practise important skills** - This means getting themselves dressed as much as possible and asking for help. Additionally, do not worry if they cannot write their own name this will come.
4. **Look out for social skills** - Where possible give your child opportunities to play with other children but do not worry if this is difficult or your child is shy, gentle encouragement is great.
5. **Establish good routines** - Get a bedtime routine in place and talk about what the morning routine will be.
6. **Get things ready** - Involve the child when purchasing their uniform. Remember to label so the child/staff can find items when changing. Where possible buy clothing/shoes that the child can put on themselves or with minimal help. Look online, visit the school site together, and show your child pictures of the children in their uniform.

7. Take time to listen - Spend time talking to your child, asking them about their feeling, let them ask questions, offer reassurance and encouragement. Read story books about starting school together.

The article '[*Is my child ready for school*](#)' has more information.

The [BBC bitesize](#) website, has lots more information about starting primary school and some games for the children to play.

I have also included a booklet with activities that you may like to do with your child, it has links to twinkl where you can find more ideas, should you wish to use them.

Most off all, have a great summer and all the best.
Jen Fry